

**Shoreline Unified School District
THS Lunch Menu
March 2018**

**Adult Lunch Cost:\$4.50
Student Lunch Cost :\$3.75**

Salads available daily upon request. Full salad bar every Thursday & Friday unless otherwise stated.



**CLOVER MILK
1 % & Fat Free Milk
Does not contain Growth Hormone-
rBST
2 OPTION OFFERED DAILY WITH
THE MEAL .
Non Fat Chocolate Milk is Offered
Every Friday!**

**Menu Subject To Change
Due To Availability.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Mac-N-Cheese Wheat Roll Celery,PB Applesauce Milk	2 Pizza Pocket Salad, Dressing Oranges Milk	3
4	5 Hamburger Bk Chips Baby Carrots Applesauce Milk	6 Minestrone Soup Wheat Crackers Celery,PB Oranges Milk	7 <u>Min. Day</u> Egg,Saus,Chee Bagel Tater Tots Baby Carrots Tangarine Milk	8 <u>Min. Day</u> Tornados Tater Tots Baby Carrots Apple Milk	9 No School	10
11	12 Hot Dog Crackers Baby Carrots Apple Milk	13 Deli Tky or Roast Bef Sand. BK Chips Jicima Banana Milk	14 Nachos with Beef Baby Carrots Oranges Milk	15 Chicken Alfre- do Pasta Wheat Roll Celery,PB Applesauce Milk	16 Bean&Cheese Burrito Scoops Baby Carrots Tangarine Milk	17 
18	19 Chicken Sand- wich Bk Chips Baby Carrots Applesauce Milk	20 Housemade Chili WG Corn Bread Muffin Celery, PB Kiwi, Milk	21 Beef&Bean Burrito Scoops Baby Carrots Tangaines Milk	22 Pesto Pasta Wheat Roll Jicima Apple Milk	23 Pizza Bagel Salad, Dressing Diced Pears Milk	24
25	26 WG Corn Dogs Tater Tots Baby Carrots Apple Milk	27 Chick. Noodle Soup Wheat Crackers Jicima Pears Milk	28 Chick & Cheese Quesadilla Scoops Baby Carrots Tanagrine Milk	29 Mac-N-Cheese Wheat Roll Celery,PB Applesauce Milk	30 Chicken Bites Mashed Pota- toes Baby Carrots Kiwi Milk	31

5 COMPONENT REIMBURSEABLE LUNCH CONSISTS OF : MEAT OR MEAT ALTERNATIVE, GRAIN, FRUIT, VEGETABLE, MILK. AT LEAST 3 OF THE 5 ITEMS OFFERED MUST BE TAKEN AND ONE OF THE ITEMS MUST BE AT LEAST 1/2 CUP OF FRUIT OR VEGGIE. ALL 5 COMPONENTS MUST BE OFFERD DAILY.