

# Shoreline Unified THS Lunch Menu

## January 2018

**Adult Lunch Cost:\$4.50**  
**Student Lunch Cost :\$3.75**

**Salads available daily upon request.**  
**Full salad bar every Thursday & Friday unless otherwise notified.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 Hamburger Tater Tots Carrots Apples Milk	9 Minest. Soup Crackers Celery,PB Tangarine Milk	10 Nachos with Beef Carrots Kiwi Milk	11 Meat Sauce or Herb&Butter Sauce Pasta Roll,Jicima,Milk Applesauce	12 Pepperoni Pizza Bagel Salad Pear Cup Milk	1 3
1 4	15 <b>No School</b>	16 Hot Dog Chips Carrots Applesauce Milk	17 Soft Chicken or Soft Bean Tacos Jicima, Scoops Tangarine Milk	18 Chicken Teriyaki Bowls Celery,PB Oranges Milk	19 Mac-N-Cheese or Chick Alfredo Pasta Roll Carrots Apples Milk	2 0
2 1	22 Chick. Sand Crackers Carrots Apple Milk	23 Housemade Chili Corn Bread Muff Celery, PB Oranges Milk	24 Beef&Bean Burr. Or Bean&Cheese Burrito, Scoops Carrots Applesauce,Milk	25 Meat Sauce or Pesto Pasta Roll Jicima Apricot Cup Milk	26 Pizza Pocket Cheese Stick Salad Kiwi Milk	2 7
2 8	29 Corn Dog Tater Tots Carrots, Milk Applesauce	30 Baked Potato Bar Jicima Banana Milk	31 Nachos with Chicken Carrots,Milk Pineapple			



**CLOVER MILK**  
**1 % & Fat Free Milk**  
**Does not contain Growth Hormone-**  
**rBST**  
**2 OPTION OFFERED DAILY WITH**  
**THE MEAL .**  
**Non Fat Chocolate Milk is Offered**  
**Every Friday!**

**Menu Subject To Change**  
**Due To Availability.**

**5 COMPONENT REIMBURSEABLE LUNCH CONSISTS OF : MEAT OR MEAT ALTERNATIVE, GRAIN, FRUIT, VEGETABLE, MILK. AT LEAST 3 OF THE 5 ITEMS OFFERED MUST BE TAKEN AND ONE OF THE ITEMS MUST BE AT LEAST 1/2 CUP OF FRUIT OR VEGGIE. ALL 5 COMPONENTS MUST BE OFFERD DAILY.**