

Shoreline Unified THS Breakfast Menu

January 2018

Adult Breakfast Cost:\$2.50
Student Breakfast Cost :\$2.00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 Cereal or Plain Bagel String Cheese Applesauce Milk	9 Blueberry Muffins or Yogurt Seeds or Granola Bar Bananas Milk	10 Brfk Bagel Sand. Or Cereal Cheese Stick OJ Milk	11 Yogurt Parfait or Cin. Raisin Bagel Cheese Stick Oranges Milk	12 Omlette & Biscuit or Cereal Trail Mix Apples Milk	1 3
14	15 No School	16 Triple Berry Muffin or Yogurt Parfait Seeds Apples Milk	17 Tornados or Cereal String Cheese Grape Juice Milk	18 Yogurt, Gran. Bar Blueberry Bagel Trail Mix Bananas Milk	19 Bfk Pizza or Cereal Cheese Stick Cupped Peaches Milk	2 0
21	22 Cin. Raisin Bagel or Cereal Seeds Applesauce Milk	23 Bana Muffin or Yogurt,Gran. Bar String Cheese Bananas Milk	24 Oatmeal or Cereal Trail Mix Apple Juice Milk	25 Yogurt Parait or Plain Bagel Cheese Stick Tangarine Milk	26 Egg,Ham,Chee. Burrito or Cereal Seeds Fruit Cocktail Milk	2 7
28	29 Blueberry Bagel or Cereal String Cheese Apples Milk	30 Triple Berry Muffin or Yogurt Parfait Trail Mix Oranges Milk	31 Pancakes or Cereal Cheese Stick OJ Milk			



CLOVER MILK
1 % & Fat Free Milk
Does not contain Growth Hormone-
rBST
2 OPTION OFFERED DAILY WITH
THE MEAL .
Non Fat Chocolate Milk is Offered
Every Friday!

Menu Subject To Change
Due To Availability.

A REIMBURSABLE BREAKFAST CONSISTS OF : GRAINS, MEAT OR MEAT ALTERNATIVE, FRUIT OR VEGGIE, MILK. THREE ITEMS MUST BE TAKEN FOR IT TO BE A REIMBURSABLE BREAKFAST. AT LEAST ONE OF THE THREE ITEMS HAS TO BE 1 CUP OF FRUIT OR VEGGIE.